

The Upside Down Organization is proud to support the MAACCE Conference!

May 9, 2013 | Lutherville, MD

FEATURED PRESENTER:
Shauna F. King, M.Ed.

“The New IQ? Understanding and Teaching Executive Function Skills In and Out of the Classroom.”



ABOUT YOUR PRESENTER

Shauna King, M.Ed., is passionate about working with today’s teachers to help keep their skills sharp and their students at the top of their learning game. She is so committed to this mission that she founded her own professional development organization. Through this organization, Shauna works with schools that are implementing positive and proactive, safe and drug-free initiatives.

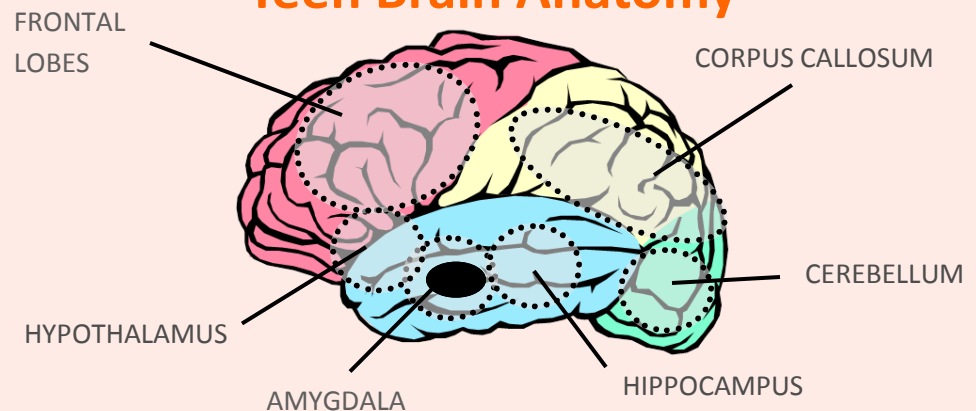
Shauna is currently a graduate course instructor with The Regional Training Center. She has worked in various roles in public and non-public school settings, including principal, program and intervention specialist, peer mediation teacher and classroom teacher. Shauna worked as the PBIS coordinator in one of the largest school districts in the state of Maryland. Because of her commitment to this initiative, she was invited to join the Maryland PBIS State Leadership Team where she served as a state level trainer.

Shauna earned a Bachelor of Science degree in Community Health Education from Morgan State University of Baltimore and a Masters of Education from Bowie State University. She also completed her educational administration certification at McDaniel College.

Shauna is a proud wife and mother of two preschoolers, who are the joy of her life. She is also an active member of her church where she has served on the Board of Directors and most recently, held the position of principal for her church’s private school, Renaissance Christian Academy in Maryland.

NOTES

Teen Brain Anatomy



WHAT IS EXECUTIVE FUNCTION?



Webster's Dictionary

Executive:

Of or responsible for the carrying out of plans or policies.

Function:

The special purpose for which something exists.

Skill:

Proficiency, ability or expertise.

WHY DO EXECUTIVE FUNCTION SKILLS MATTER?



The Stanford Marshmallow Experiment
(1989)Walter Michel, Stanford University

“Termites” (1921)

Lewis Terman – Psychology professor, Stanford University

WHAT ARE SOME IMPORTANT EXECUTIVE FUNCTION SKILLS?

COGNITION (EFS that require THINKING)

“TWOMP”

Time Management

Working Memory

Organization

Metacognition

Planning/Prioritization

BEHAVIOR (EFS that require DOING)

“FESTIG”

Flexibility

Emotional Control

Sustained Attention

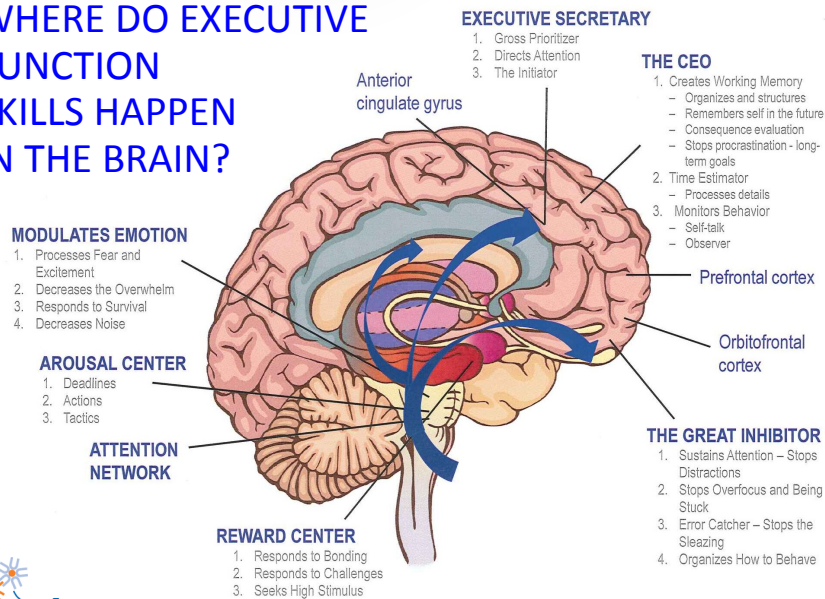
Task Initiation

Impulse Control

Goal-Directed Persistence

“The Executive Functions are a set of processes that all have to do with managing oneself and one’s resources in order to achieve a goal. It is an umbrella term for the neurologically-based skills involving mental control and self regulation.”
Kahan and Dietzel (2008)

WHERE DO EXECUTIVE FUNCTION SKILLS HAPPEN IN THE BRAIN?



HOW DO I TEACH EXECUTIVE FUNCTION SKILLS ?

Positive Everyday Routines
Ylvisker & Feeney (1998)

- **GOAL** – What do I want to accomplish?
- **PLAN** – How will I accomplish my goal?
- **DO** – Try my plan behaviorally
- **REVIEW** – Evaluate its effectiveness and generate possible alternative solutions